



C.S. GYMNASTICS “READY TO TUMBLE” CHECKLIST

Summer 2009

Are you all set to learn new skills and drills? Are you all set to tumble and have lots of fun? Here's an easy to follow checklist to make sure you have all your forms filled out, that you're aware of our gym policies, that your gymnastics clothing is ready and that we've answered any questions you may have.

Name _____ Class _____ Time _____ Days _____

Weeks Attending: 6/22 6/29 7/6 7/13 7/20 7/28 8/3 8/10 8/17
Session Ends: 8/22

One-half of tuition and registration fee is due upon registration. Balance is due by the first class.

_____ Registration Form Completed

_____ Emergency Form Completed (including physician's name & phone number)

_____ Tuition has been paid ***Balance _____

_____ Transportation has been arranged. **Children must be picked up inside the building!**

_____ Gymnastics clothing (leotard, body suit or one-piece bathing suit for girls and tee shirt & shorts for boys). For your child's safety – **ABSOLUTELY NO SKIRTS , NO LEOTARDS WITH SKIRTS & NO TWO PIECE BATHING SUITS ALLOWED.**

_____ Try to come dressed for class; we do not have a dressing room available.

_____ All students are required to go barefoot if possible. If not, **gymnastics shoes, not ballet shoes or any other type of footwear** must be worn. This is a safety requirement. These may be purchased at most locations that sell gymnastics wear. We sell shoes here at a cost of \$10.00.

VERY IMPORTANT:

_____ Name should be on any clothing left in the gym (including shoes)

_____ **All long hair must be away from face and in ponytail, etc.**

_____ **ABSOLUTELY NO JEWELRY (including dangling earrings, necklaces, bracelets, anklets, rings, all body jewelry, etc.)** is allowed. Children can be injured wearing jewelry while participating in athletic activities.