

# Adventure Camp

June 10 - August 23

Our Camp provides children ages 3-12 the opportunity to learn gymnastics combined with other fun and challenging activities.

Monday—Friday  
9:00am— 1:00pm

- **Flexible Schedule** allows you to choose which days/weeks to attend.
- **Early Drop-Off** Available (8AM-9AM) \$5 per 30 min
- **10% discount** for families with 2 or more children enrolled in Camp
- Campers need to **bring snack & drink**

## Junior Adventure Camp

Ages 3-6

\*\*Must be 3 years in the month enrolled

\*\*All children must be potty trained

\*\*Bring a change of clothes

## Adventure Camp

Ages 7-12

### ACTIVITIES INCLUDE:

- \* Gymnastics
- \* Crazy Creations
- \* Games
- \* Sports Skills

# Camp Week Themes

Week 1:	June 10	Toy Story Alive
Week 2:	June 17	Mad Science and You
Week 3:	June 24	Dinosaurs and Unicorns
Week 4:	July 1	Celebrate America: Share our Hearts
Week 5:	July 8	Welcome to Hollywood
Week 6:	July 15	Time Travel
Week 7:	July 22	Little Chefs
Week 8:	July 29	What's your Sign (Language)?
Week 9:	Aug 5	Legos, Emmett, Where are you?
Week 10:	Aug 12	Aladdin- Arabian Nights
Week 11:	Aug 19	Ninja Challenge

# Class Information

**Bunny Tots** (Adult/child class ages 18 months to 3 years) CO-ED Parent assisted—Teacher Led/ Fun & Safe Circuits/ Engaging with peers/ Building agility and confidence

**Bunnies & Rabbits** (3-6 years) CO-ED Experience fun while learning safely. Gain proficiency on the tumbling shapes, low beams, trampoline, spring boards, and low bars.

\*Activities are based on age and ability\*

**Girls Gymnastics**: Ages 7+

**All Around (All)**: Focuses on Increased skills & techniques on equipment /competitive events. Improving the All Around Gymnast

**Floor Focus (Floor)**: Focuses on Floor/Tumbling skills Extra time is given on Trampoline and Tumble Track for faster learning

**Lil Ninja & Ninja Zone**: For BOYS! A blend of Obstacle courses, Tumbling skills, Strength training, & Martial arts. Escape & chase strategies, Ninja Values & Life skills

**Boys Gymnastics**: Ages 7+ (Call for more details)

# Class Schedule

June 10 - August 16

Come 1, 2 or 3 classes per week  
Individual Classes Available at "al la cart rate"

Program	Morning	Evenings
Bunny Tot W/ Parent (50 mins)	Tues 10:30	
	Wed 9:30	
	Thur 9:30	
Bunnies & Rabbits Ages 3-6 (1 hour)	Mon 9:30	
	Tue 9:30	Tues 5:15
	Wed 10:30	Wed 5:15
	Thurs 10:30	Thurs 5:30
	Fri 9:30	
Girls	Mon 9:30 (All)	Mon 5:15 (Floor) 6:30 (All)
	Tue 9:30 (All)	Tues 4:00 (All) 6:15 (Floor)
7 yrs+ (1H)	Wed 10:30 (All)	Wed 6:15 (All)
	Thurs 10:30 (All)	Thurs 6:30 (Floor)
	Fri 9:30 (All)	
Lil Ninja ages 4-6 (1 hour)		Tues 4:30
		Wed 5:30
		Thur 4:30
Ninja ages 7-13 (1 hour)		Mon 4:30 WH 5:30 YW
	WH = White	Tues 5:30 WH
	YW = Yellow	Wed 6:30 Open
	Open = any level	Thur 5:30 WH 6:30 YW

\*Subject to change, call office/check website for changes

## Summer Pricing

Classes: June 10 - August 16

\$243 for up to 3 classes per week

Parent-Child Bunny Tots (1-3yrs) \$180

Individual Classes Available at  
"al la cart Rate "

Parent-Child: \$20

Instructional: \$25

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Camp June 10—August 23

\$40/day ~ Or ~ \$175/5 day week

3-4 Weeks\*: 10% Discount

5-6 Weeks\*: 15% Discount

7+ Weeks\*: 20% Discount

10% discount for families with 2 or more  
children enrolled in Camp

Discount applied at time of registration

(\*A "week" = 3-5 days)

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### Membership

Annual Class \$40/Ninja\* \$60

Summer only Class \$18/Ninja\* \$38

\*Ninja membership includes uniform

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### Customer Loyalty Program

Receive a FREE gift if your student  
attended all 3 sessions of 2018/2019

(Fall, Winter & Spring) plus

Summer classes or min 3 weeks of camp

## Additional Programs Include:



Parent's  
Night Out

Starting Again in September!  
Held the 2nd Saturday of each month  
6-10PM  
(ages 3-12)



Birthday  
Parties

SATURDAYS  
(June 30th—Aug 25th)  
9:30, 11:00 & 12:30



Gym N' Learn  
Pre-School

Ages 3-5  
Tuesday-Friday 9am-12pm  
Enrolling now for FALL 2019



Private  
Lessons

Call to schedule

# 2019

## Summer Program



*Higher, Faster, Stronger!  
Start Here, Go Anywhere!*

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Classes: June 10-Aug 16

Camps: June 10 Aug 23

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www.cs-gymnastics.com  
facebook.com/cs-gymnastics