

Summer Pricing

CLASSES:

June 28th - August 27th

45MIN -1-HOUR CLASS: \$216 for 9 week session.

1.25-HOUR CLASS: \$270 for 9 week session.

Ask about multi-day pricing!

ADVENTURE CAMP:

June 28th - August 27th

9:00am-1:00pm

\$42/day OR \$185/week

15% discount on full week (5 day) registration for families with two or more children enrolled in camp.

Applied at time of registration.

NEW! GYMNASTICS CAMP:

July 19th - 23rd

9:00am-3:00pm

Price if enrolled and paid by 4/1/21:

3 Days: \$325 | 5 Days: \$550

After 4/1/21:

3 Days: \$375 | 5 Days: \$600

20% discount on 3 or 5-day enrollment for families with two or more children enrolled in gymnastics camp.

MEMBERSHIP

Annual:

Class - \$40 | Ninja - \$60*

Summer Only:

Class - \$25 | Ninja - \$45*

*Ninja membership includes uniform.

Additional Programs



Birthday Parties

Saturdays from Jun. 26th- Aug.28th

Call for availability!



Clinics

Ninja, Tumbling and Cheer-
Call for availability!



Competitive Team

**WOMEN'S USAIGC &
MEN'S USAG**

Tryout required.



Gold Medal & Pre-Team

**ADVANCED TRAINING
FOR AGES 5-9**

Evaluation required.



G.A.P.

(Gymnastics Athletic Program)

**GYMNASTICS TRAINING &
EXHIBITION FOR AGES 7+**

Evaluation required.

Parents Night Out

Gym 'N' Learn PRE-K PROGRAM

Enrolling now for Fall
2021!

Ages 3-5
Tues, Thurs & Fri, 9-12



Higher | Faster | Stronger

2021 SUMMER PROGRAM

CLASSES:

June 28th - August 27th

ADVENTURE CAMP:

June 28th - August 27th

NEW!

GYMNASTICS CAMP:

July 19th - 23rd

4 Gold Mine Road
Flanders, NJ 07836
973-347-2771

www.cs-gymnastics.com
[facebook.com/cs-gymnastics](https://www.facebook.com/cs-gymnastics)

SUMMER ADVENTURE CAMP

June 28th - August 27th

C.S.'s Summer Adventure Camp provides children ages 4-12 with an awesome day camp experience!

Monday - Friday | 9:00am - 1:00pm

- Flexible schedule allows you to choose which days/weeks you would like to attend
- Early drop-off available 8:00am-9:00am @ \$8 per 30 minutes - **Reservation required**
- 15% discount for families enrolling two or more children for a full week (5 days)

Campers will need to bring a snack and plenty of water!

ACTIVITIES INCLUDE:

Obstacle Courses | Arts & Crafts | Music | Rock Wall Climbing | Games | AND MORE!

Dates	Theme
Week 1 Jun 28 th -Jul 2 nd	Ninja Warrior Get ready for an awesome week of running, jumping, swinging, obstacle courses, missions, and tons of fun!
Week 2 Jul 5 th -9 th	Animals, Animals, Animals! If you LOVE animals of all kinds, this is the week for you! Come learn about animals from all over the world, and don't be surprised if we have some live animal guests popping by for a visit!
Week 3 Jul 12 th -16 th	Can You Build It? From cool forts to robots, we're going to see what kinds of amazing things we can build using blocks, mats, legos and more!
Week 4 Jul 19 th -23 rd	All About The Olympics Better late than never! This week, we're going to learn all about the 2020 (2021) Olympics in Tokyo, and participate in super fun Olympic sports themed activities!
Week 5 Jul 26 th -30 th	Around the World Learning about the world is awesome, and this week we're going to go Around the World in 5 days! Join us as we learn about different countries, languages, foods and more!
Week 6 Aug 2 nd -6 th	All Types of Art Attention Artists! This week we'll explore different kinds of art including drawing, painting, sculpting, collages, and origami!
Week 7 Aug 9 th -13 th	Ninja Warrior, Part Deux! Didn't get enough awesome Ninja time in June? Here's your chance to do even more swinging, flipping, running and jumping!
Week 8 Aug 16 th -20 th	Superheroes! Help! The citizens need saving and we need a hero like you! Come fight the battle against the forces of evil and have a great time playing and using your imagination!
Week 9 Aug 23 rd -27 th	End of Summer Carnival Come join us for our last week of camp awesomeness, filled with carnival games, bouncy slide fun, popcorn, cotton candy and more!

NEW! GYMNASTICS CAMP

July 19th - 23rd

Our new **Gymnastics Camp** is open to gymnasts ages 6 and up and provides top level gymnastics instruction combined with Summer Camp fun! Come level-up your skills while having a blast!

Monday - Friday | 9:00am - 3:00pm

- Attend 3 or all 5 days
- Early drop-off available 8:00am-9:00am @ \$8 per 30 minutes - **Reservation required**
- 20% discount on 3 or 5-day enrollment for families with two or more children enrolled in gymnastics camp

ACTIVITIES INCLUDE:

- Boys & Girls Gymnastics Apparatus Training**
Girls: Vault, Bars, Beam, Floor
Boys: Floor, Pommel Horse, Rings, Vault, Paralell Bars, Horizontal Bar
- Team Building Activities**
- Games**
- Arts & Crafts**
- AND MORE!**

Campers will need to bring lunch, a snack and LOTS of water!

CLASS INFORMATION

Parent/Child ages 18mo-3: Parents participate with their little ones in this teacher-led program. Features fun & safe circuits, circle activities, and encourages socialization. Builds agility and confidence!

Gymnastics ages 4-6: Intro to gymnastics concepts with safe and fun drills and circuits. Focuses on tumbling basics, balance, form, strength and intro to gymnastics apparatus. *Activities are based on age and ability.*


Gymnastics ages 7+: Focuses on increasing skills, strength and form, as well as proficiency on the various equipment and events.

Tumbling ages 7+: Focuses on developing tumbling skills utilizing tumble track, spring floor and skill stations.

NinjaZone ages 4 and up: Combines elements of gymnastics, obstacle training, martial arts, ninja values and life skills! Ideal for high energy children!

CLASS SCHEDULE

June 28th- August 27th

Program & Description	Schedule
GYMNASTICS	
Parent-Child Ages 18 mo.- 3: 45 min	Tues. 3:00
	Thurs. 3:00
Ages 4-6: 1 hr	Mon. 3:00
	Tues. 6:00
	Wed. 5:00
	Thurs. 4:00
Girls Ages 7+: 1hr 15 min	Mon. 4:00
	Tues. 7:15
	Wed. 6:15
	Thurs. 6:15
Boys Ages 7+: 1hr	Tues. 4:00
	Thurs. 4:00
TUMBLING	
Tumbling Ages 7+: 1hr	Mon. 5:30
	Tues. 4:00
	Thurs. 7:30
	
Lil Ninjas - Ages 4-6: 1hr	Mon. 4:30
	Tues. 1:15
	Wed. 4:30 & 5:45
Ages 7+: 1hr	Thurs. 4:30
	Mon. 5:45 (Yellow+)
	Tues. 4:00
	Wed. 6:45
	Thurs. 5:45

Subject to change. Call office/check website for changes.